

> ACHIEVE YOUR IDEAL WEIGHT...AUTO-MATICALLY

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Model : WDLW

Manufacturer : Precision

Achieve rapid, successful, and permanent weight loss with the help of this program. Any world-class athlete will tell you that the mind is the most important part of success in any sport. It's the same with losing weight. Our thoughts influence our eating habits, our cravings, our metabolism, and our attitude toward exercise. This program will help you tap the power of your mind to achieve your ideal weight quickly and painlessly. Listen to this program while you drive, exercise, or during any activity. The information and techniques in this program will help you win the mental game of weight control. This program is part of our While-U-Drive series. It features several 8-10 minute segments that you can listen to any time you want. Each segment is packed with great information, techniques, and powerful programming that will help you realize amazing improvements very quickly and easily.

Available in CD or cassette. Please select your choice of format below.

Price : \$15.98

Options available for ACHIEVE YOUR IDEAL WEIGHT...AUTO-MATICALLY :

Audio Format

CD, Tape (-\$2.00).

Availability: This product was added to our catalog on Thursday 06 July, 2006