

> AEROBIC EXERCISE MUSIC...With subliminal messages

AEROBIC EXERCISE MUSIC...With subliminal messages



Model : AESM

Manufacturer : Precision

Multiply the benefits of exercise by listening to this outstanding original music while running or working out. Not only does this enjoyable music give you extra energy...it is enhanced with positive subliminal messages to help you get more from your exercise. The carefully researched messages are designed to improve your strength, energy, vitality and health. They will encourage you to stay with your exercise program and achieve your ideal weight and shape. Includes music for stretching and "cool-down" as well as complete set of subliminal messages in printed form. Order it today and begin to enjoy your way to fitness right away! (Available in cassette tape only, no CDs)

Price : \$13.98

Availability: This product was added to our catalog on Thursday 06 July, 2006